



The Original:

50 Mealtimes Conversation Starters

If you had 3 wishes, what would they be? (other than money or more wishes)	Do you like the lake or the ocean better? Why?
What's your favourite colour? How does that colour make you feel?	Do you like grapefruit or oranges better?
Would you rather watch a movie at a theatre or at home? Why?	Who is the person that makes you laugh the most?
What is your favourite thing right now? (can be person, object, activity, etc)	What is your favourite thing about our family?
What is your all-time favourite book? Why?	What would your catch phrase be?
Where would you like to travel to next?	What is something that you are really good at?
If you could only eat 3 foods for the rest of your life, what would you choose?	If you could meet anyone in the world who would it be?

What should we do more of as a family?	What are you most grateful for today?
If you could travel to any other planet, which one would you pick?	If you could teleport anywhere (real or imaginary) where would you go?
What do you like better shorts or pants?	What is the grossest thing that has ever happened to you?
What do you like best about your sibling(s)?	What does kindness mean to you?
What would you rather be a dinosaur or a dragon? Why?	Did you have a chance to help anyone today?
What is your favourite professional sports team?	What is your favourite song to sing?
Do you like rain or snow better? Why?	If you could dye your hair any colour, what colour would you pick?
What are some thing that you get to do that other people might not be able to or allowed to do?	What's your first memory?
If you won \$100 what would you do with it?	Tell me about a time that you were scared. What did you do to feel less scared?

What is something you've done that you are really proud of?	What is the hardest thing you've ever had to do?
What is your favourite animal? Why?	Do you prefer writing with a pen or pencil? Why?
If you were an animagus, what animal would you transform into?	Which school house would the Sorting Hat place you in at Hogwarts?
What's your favourite fruit?	If you could make 3 family rules what would they be?
Who is your favourite Paw Patrol character and why?	Would you rather have toes for teeth or teeth for toes?
If you could have 1 superpower what would it be?	What's the hardest part about going to daycare/school/work?
If you were a wizard/witch but could only perform 1 spell for the rest of your life, what spell would you pick?	If you were a scientist what would you invent?
What are some things that you don't need but you are really happy that you have?	Who is your best friend and why?
What can you do to make the world a better place?	What is the one thing that you couldn't live without?